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Autumn
2024

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Totton Volunteer Fayre

The **Totton Volunteer Fayre** was held on Saturday 5th October in the **Totton and Eling Community Centre**

Many groups and charities were represented and potential volunteers came to find out about Volunteering Opportunities with local groups. If you are a group/organisation and you would like to take part in future Volunteer Fayres, please email:-

susan@compark.co.uk or ring **02380 873143**

We have many organisations and groups in Totton and Eling who need the help of extra Volunteers to run events and other activities.

If you can spare a few hours to help them please contact the groups directly and find out what they need.

We will also put details of the groups needing Volunteers on our website www.tottonttogether.com

Totton & Eling Community Centre

Is run by Totton and Eling Community Association CIO and is situated by a beautiful park in the centre of Totton. It is near to the Town Council offices, the Library, shops and cafés. We have full disabled access and there are free municipal car parks less than 40 metres away. We have a large hall with a stage and 3 other rooms for hire by the hour, at extremely competitive rates. Our helpful staff are available each day at the centre and can give you all the help and information that you require.

Telephone 023 8086 3769 or email tandeca@hotmail.co.uk

Totton Baby Bundles

Totton Baby Bundles runs a free soft play session on Tuesday mornings in Totton and Eling Community Centre.

They also support families with baby clothes, toiletries, books and school uniform.

Please email susan@compark.co.uk or ring **023 8087 3143** if you can help.

Guiding Stars

Come and meet Guiding Stars at our Tuesday Baby Bundles Soft Play Group or contact them via their website www.guidingstars.net or email info@guidingstars.net

Totton Men's Shed

Totton Men's Shed is next to Totton and Eling Community Centre. Everyone over 18 is welcome. Many of the "shedders" are men aged over 55 years, some of whom live alone, and many have long term health conditions.

This group of older men are often reluctant to join other local activities. In our shed friendships are made and support networks created. We have a Facebook page on which events are posted. www.facebook.com/tottonmensshed

Dementia Care Hub

The Dementia Care Hub website is at www.dementiacarehub.org

They run weekly social groups and well-being groups in Totton and other locations. They also run therapeutic and educational programmes for carers, art classes for people living with dementia and carer groups and long term care planning. Email info@dementiacarehub.co.uk or ring **07769009599** for more information.

Friends of Bartley Park

Friends of Bartley Park is a small community group which aims to improve the park for the benefit of people and nature. Visit their Facebook page www.facebook.com/groups/bartleypark/

or email Bartleyparktotton@gmail.com

Fluid Motion Theatre Company

We are facilitators of lightbulb moments, unforgettable experiences that nurture and support people's mental health.

We push the boundaries of how theatre can help make happier brains. We make performances and deliver projects for communities and with them, using their own lives as inspiration. We want as many people as possible to experience the power of theatre and to be wowed by its impact on their wellbeing.

<https://www.fluidmotiontheatre.com/contact>

or email info@fluidmotiontheatre.com

Hounslow Community Association

are offering a one off special offer of free use of Hounslow Community Hall for Charities and Community Groups. The hall is also available for hire for private events. To make enquiries contact Lindsey Shelley on **07501336498** or Teresa Curry on teresacurry@live.co.uk or hcatotton@gmail.com

Age Concern New Forest

For 25 years, Age Concern New Forest has provided a range of services, from Information and Advice, Ear and Foot Care, Lunch Clubs and more! Age Concern New Forest receives no government funding and raises its income through its charity shops, contribution payments for some of its charitable activities, donations, legacies, grants and other fundraising initiatives.

Visit their website

www.ageconcernnewforest.org.uk

or email office@ageconcernnewforest.org.uk

Totton South U3a

Totton South U3a organise lots of activities including a bird watching group, arts, crafts and needlework group, Genealogy/History Group and much more. www.u3asites.org.uk/totton-south/welcome

or mobile **07305 178402**

Testwood Lakes Sailability

Testwood Lakes Sailability www.testwood.org.uk
<https://www.facebook.com/Testwoodsailability>

Everyone can go sailing. We are passionate at Testwood Lakes Sailability about getting people on the water, no matter what it takes. Come and try boating activities for young people, adults and groups at your pace, adapted to your abilities.

We are practised at helping people in overcoming barriers, be they physical impairments, long term health conditions, mental health problems, or just getting older.

Totton and Eling Carnival

Next year's Carnival is on **Saturday 21st June** and the theme is "**Totton Goes to Mardi-Gras**"

The parade starts at 4pm from Calmore Industrial Estate for walkers and own vehicles and lorries that are in the parade start from AFC Totton. We are looking for volunteers to help on the day or to become Committee members which we hold meetings once a month at The Keys on Commercial Road, Totton.

Here are a list of volunteers which we are looking for

1 - People to run the stalls at Eling Rec on the day and bring stalls in for the Rec

2 - Someone for traffic control at AFC Totton on the day which will include making sure lorries are parked safely and correctly at AFC Totton

3 - General help on the day for example Road Closure Marshalls

4 - Someone to look after the Royal party ie Princesses, Pam the Pearly Queen until they board the float

5 - A judge to judge the floats, walkers etc

6 - More Committee members to help us organise the carnival

7 - Helpers to help find sponsorship and to help with fundraising events

We can be contacted on this email

tottonandelingcarnival2025@gmail.com

or by phone 07484863862

Girlguiding New Forest North

Girlguiding is the UK's largest youth organisation dedicated completely to girls. Girls can do anything. We help them know that, whether they're 4 or 18 or in between. Find out all about us, from the promise that every girl makes, to how we're run and the impact we have on girls' lives.

www.girlguiding.org.uk

Samaritans Southampton & District

Be there for people who desperately need someone. Our incredible volunteers run more than 200 branches and locations across the UK

and Ireland. They offer their time to help to deliver our 24-hour emotional support service to callers in many ways, from answering telephones and emails, to fundraising, generating publicity, administration and finance.

You don't need to have been through a particular life experience or be from a certain walk of life. Anyone who wants to help others, is tolerant and open-minded is welcome to apply.

www.samaritans.org

Tools for Self Reliance

Become a volunteer collector – We have volunteers all around the UK, who accept and collect tool donations from people in their area, then make these donations available to our regional refurbishing groups. If you are interested in becoming a volunteer collector of tools and/or sewing machines, please contact ben@tfsr.org or have a look at www.tfsr.org

Minstead Trust

Minstead Trust website is at www.minsteadtrust.org.uk

Minstead Trust provides training and support that improves the lives of people with learning disabilities.

Chinwaggers

<https://5thtestwoodscouts.co.uk/community-groups>

The cheerful Chinwaggers are more than just drinking tea and coffee. They organise trips and outings throughout the year and finish each year with their annual Christmas meal.

You can find them down at the Scout HQ each Wednesday morning between 10am and 12pm roughly for refreshments, chat, raffle and bingo.

Hampshire and Isle of Wight Constabulary www.hampshire.police.uk

Team Totton

Contact Carol on **07552511783**

or Paul on **07713625432** for more information. Team Totton started out litter picking, and clearing paths. We now work together with other voluntary groups including Friends of Bartley Park, Eling Church and the Totton Lights Committee. Team Totton are also collecting empty aluminium drinks cans to support the Air Ambulance. The next few weeks are going to be very busy for Team Totton.

In October we put up the flags on the shop fronts and soldiers on the roundabout for Remembrance. **After the Remembrance Parade** the flags will be taken down and be replaced with the Christmas tree wiring. Over the next couple of weeks, the Christmas decorations will start to be erected.

The Totton Lights Committee depend heavily on donations not only for the Christmas trees, wiring, and the figurines, but also for the flags and soldiers.

Naomi House & Jacksplace

Naomi House & Jacksplace are looking for a volunteer to dress their shop window in Totton for a few hours for one morning a week.

It would suit someone who is creative and interested in visual merchandising.

To arrange an interview please pop into their shop or ring Lynne Walker, Totton Shop Manager on **02380 868812**

New Forest Scouts

The New Forest Scouts website is at www.newforestscouts.org.uk

Email: hello@newforestscouts.org.uk

At Scouts, we aim to give young people aged 4-18 skills for life like the confidence to stand up and speak out, or the independence to thrive in the outdoors.

Maybe it's the practical things like first aid or cooking, perhaps its just having fun and making friends.

Around Totton we have four Scout groups who serve our community and there is always room for more volunteers. In particular, our groups at Colbury (3rd Ashurst and Colbury meets near the Colbury Memorial Hall) and Testwood Lakes (4th Eling Sea Scouts have their purpose-built boating HQ there) are looking for leaders across the ages of young people and for those who can help as managers and supporters.

Totton and Eling Royal British Legion Branch

The Totton and Eling RBL branch are still active and are always looking for new members to join the branch and enable us to do more in our local community. **We meet the first Saturday of every month 10:30 – 12:30 and from December we are hoping to be in our new meeting venue the Elephant and Castle, who are kindly hosting us.**

As a branch of the RBL we are here to achieve 3 things:

Belong - Be part of a community that believes in our cause, building meaningful relationships with like-minded people in one of our local or national branches.

Community - Whether it's fundraising, championing Remembrance or just being on hand to help others – members contribute to making sure that people can access the services and support we provide.

Do - Take a leading role in the organisation by reaching out to members in your community, putting forward new initiatives or voting on what we do and how we do it.

If you would like to find out more, please feel free to contact the chairperson Francesca TottonEling.chairman@rbl.community

Joining the legion is easy you can join by visiting [Become a Member](#) | [Get Involved](#) | [Royal British Legion](#)

or call 0800 307 7773

You can stay up to date with the branch's work on Facebook:

<https://www.facebook.com/share/g/hhPjMMG7A7FEqcgR/?mibextid=K35XfP>

Totton and Eling Christmas Lights

The Totton and Eling Christmas trees and decorations will shortly be on display throughout the Town with the help of the Team Totton volunteers. Each year our costs are in excess of £3,000 (our insurance alone is over £600 just for the xmas period). There is no central Council funding and the committee rely on voluntary donations. This year we have had to replace 10 trees coupled with the electrical connectors (£1500). Throughout 2024 the volunteers have been busy : Christmas trees and figurines have been repaired; PAT testing has taken place; brackets have been checked; extra wiring and connectors prepared and checked. It's not just about putting the decorations up at the beginning of December, the volunteers have been busy all year using their individual skills. We would be grateful for any help from individuals or businesses, whether it be through funding or volunteering. **If you would like more information please contact Carol Sullivan 07552511783.**