

**Totton and Eling Community Centre** is run by the volunteer Trustees of the Totton and Eling Community Association, which has been in operation for 62 years. If you would like to become a volunteer or can spare a few hours a month, contact the office on 023 80863769 or [email: tandeca@hotmail.co.uk](mailto:tandeca@hotmail.co.uk) for more information.

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Registered Charity 301815

# TOTTON AND ELING COMMUNITY CENTRE

## What's on Guide

Office Open: 9am – 4m daily

For more information

**Tel: 023 80863769**

or

**Email: tamdeca@hotmail.co.uk**

### MONDAY

Water Aid Coffee Morning (weekly) 10-12 (oak)  
Community Cafe (2<sup>nd</sup> & 4<sup>th</sup> Mon of Month) 10-12.(P)  
B.L.E.S.M.A (monthly) 10-12.30pm (P)  
Sing & sign (term time) 10-12pm (M)  
Dementia Drop In (1st&3rd Mon) 10.30 -12 (L)  
Embrace Support grp(weekly)12.30-3pm (L)  
Kurling Club(1st&3rd Mon) 2-3.30pm(P) starts Sept 7th  
Totton & Waterside Club for the Blind (monthly) 2-4pm (P)  
Singing Afternoons 2-4pm Check dates in Centre  
Jo Hyne Dance school 4.30-8pm (L)  
Clubbersize 6.10-7.10(weekly) (P)  
Testvale Squares 7.30-10(P)  
Gardener's Club 7.30-9.30pm monthly (M)

### TUESDAY

Weight Watchers (weekly) 9-11am (L)  
Age Concern Lunch Club (weekly) 11.30am (P)  
Seated exercise class (weekly) 2pm (P)  
Jo Hyne Dance School (weekly) 4.15-9.30pm (L)  
Wine Circle (monthly) 7-10pm (M)  
Oddfellows (monthly) 7-10pm (P)  
Totton Ukuele Group 7-8pm (O)

### WEDNESDAY

Baby Clinic 9.30-11 (P) monthly  
Action Club (weekly)2 classes 9.30-11.45am(L)  
Ann's Yoga (weekly) 12.00-1.00pm (L)  
Lace Making (term time) 9.30-12.15pm(M)  
Stroke Association (weekly) 1.30-3.30pm (P/L/M)  
Jo Hyne Dance School (Weekly) 4.00-9pm (L)  
Oddfellows (monthly) 7.30-10.30pm (P)  
Crochet club 6-8pm fortnightly (M)

**Diabetic eye screening held in Oak room fortnightly (NHS)**

### THURSDAY

Community Drop-In 10-12 (3<sup>rd</sup> Thurs) Free refreshments  
Seated and standing class 10.00-11.30 am (L)  
BAT Retirement club 9-12 (P)  
Testwood Quilters (weekly) 2-4pm (P)  
Youlton Dance School (weekly) 6.30pm (P)  
Jo Hyne Dance School (weekly) 4-9.15 (L)  
Men's Shed Monthly 7-8.30 pm (M)  
Test Valley Angling club7-10pm Monthly(M)

### FRIDAY

Fit4Life (weekly) 11.15-1.15(P)  
Quitters 10-12 (O)  
Minstead Training Trust (weekly)12.30-3.30 (O)  
Totton Widows (bi monthly) 2-4pm (P/L)  
Testvale Squares 7.00 10.00 pm (P)

### SATURDAY

Jo Hyne Ballet 9.30-1.45(L)

### SUNDAY

Westside Church 9.30-12.30pm (P/L)  
Christadelphians 2.30-6.30pm (M)

**1<sup>st</sup> Sunday in the month (plus extra sales in July & August)  
Car Boot in The Memorial Car Park, Totton  
10am – 12pm £4.00 all sellers.**

### ROOM HIRE

The Palm room can hold up to 100 people and cost £18.00 p/h  
The Lilac room holds up to 40 people and costs £10.00ph  
The Maple room holds 20 and costs £9.00ph  
The Oak Room holds approx 10 and costs £8.00ph  
All these rooms have access to a kitchen and tables and chairs.  
Special rates for charitable groups.

**Key: (P) = Palm room : (L) = Lilac room  
(M) = Maple room : (O) = Oak Room**